

*The way of Tours étape 1 - Mons > Moustey*

**Distance : 10 km**

Leaving Gironde in Mons you now enter the Landes country (see the road sign) walking full south with the A10 highway running on your right.

**0,000 km** - Starting point is facing the tunnel under highway along the small paved road.

**0,500 km** - BE CAREFUL ! Do not get anyway near the highway but follow to your left the sand and pine trees path, going east and getting more and more sandy especially on crossing the Lafon river. You'll arrive 1km further on the road to Saugnac village. (D438)

**3,000km** - Take this road on your left, going down and then quickly up to the village Saugnac et Muret

**3,400km** - Church of Saugnac. Go through the village and walk down to cross for the 1st time the lovely Leyre river

**3,600km** - 100 m after the bridge, turn right into a sandy firebreak into the pine forest in direction of Menjoy place.

**4,800km** - Menjoy houses can be seen on your right. Keep following the same now stoned path, going east (left: tree planting and right pine trees)

**6,000km** - The path emerges to a small north-south oriented road (D134). Turn right trough corn fields ans forest, next to La Nave place and continues up to a crossroads (see the water tower) and road D120.

**8,100 km** - Turn right on the road D120 heading to Moustey. Shortly

you'll walk down to the Petite Leyre river and up again. On the left and upwards, stands the private Airial de Lavigne Gîte (200 m aside from the road) . Keep walking till the Grande Leyre river leading to Moustey village.

**10,000 km** - In Moustey you can freely visit the « religious and local beliefs museum » with your Credencial. See on a stone in front of the church how many kilometres are still left to Compostela.