

The Coastal Way étape 6A - Bias > Lit et Mixe

Distance : 18,700 km

0 km - Leaving the fountain

0,100 km - We joined the D652 then the bridge that we cross to take on the right

1,600 km - Follow this asphalt road until its junction with another paved road at the place called Jouanon. Turn right.

3,100km - Turn left onto the forest trail. Enter the tall pines. Continue straight ahead, leaving a small track to the left.

3,800 km - Turn right on the fire track, in a slight climb facing west.

4,000km - At the crossroads with a fire track facing south, turn left and follow this trail downhill.

4,700km - At the foot of the ascent, turn left and follow the trail making a circular arc to the right and climb the dune. Go down.

5,300km - We cut a wide track to continue straight.

5,500km - Another track is cut. Go straight.

5,900km - WARNING, turn right into the winding climb.

6,200km - ATTENTION, leave the track in the middle of climb on the left for a parallel track that winds in side of dune to a transverse track

6,900km - Take the track parallel to the road and turn right towards the dune.

7,900km - You reach a large stone track that you cross. Go straight on a concrete track in places.

9,900km - Join a bike path that you cross to turn left 50 m afterwards to find the bike path that you take until the road to Contis Plage