

*The way of Tours étape 9 - St Paul les Dax > Cagnotte*

**Distance : 17, 3km**

**0.000 km** - After leaving the refuge walk down rue Gambetta to Avenue de la Liberté and turn right

**0.300 km** - Pass the railway bridge, Avenue St Vincent de Paul will take you straight to the centre of Dax

**0.700 km** - For your own safety, cross the street at the first traffic lights (Jules Bastiat crossroads) to stay on the left side pavement till you cross the bridge on the river

**1.100 km** - After crossing the bridge, turn slightly to your left, along rue du Toro to reach the main city square « Place de la Fontaine d'eau chaude » where you can see the hot thermal spring. At the south corner, take « rue des Pénitents », cross the provincial square and walk along a small alley to arrive in front of the Cathedral.

**1.700 km** - Don't miss the beautiful Cathedral Apostles Gate. After your visit, go round the Cathedral to follow the « rue de l'Avantique » along the Town hall park. Cross the crossroads at the traffic lights, ahead, straight in front of you, the Victor Hugo Avenue is the southern way out of the city

**2.300 km** - At the next traffic lights, turn left and walk down the very long Avenue François Planté

**3.700 km** - At the roundabout, turn right along the Arrayade hostel which used to be a catholic seminary

**3.900 km** - Pass under the railway bridge, cross the crossroads at the traffic lights and stay on the left side of the road

**4.300 km** - Take the left junction « route du plateau »

**4.600 km - 2 choices** : Traditional one goes south/east unless flooding makes you use the right.

Left marking :

Walk down « rue des Artificiers » for 500 m and at the crossroads turn right until you reach a pond. Go round it by its left side and continue the path between 2 small bodies of water. You'll arrive to an asphalt road.

**5.400 km** - Take it to the right, along the pond . Shortly after, the road swings to the west in a large curve

**5.700 km** - In the turn take the left dirt track going south, along an oak forest on your right. Then turn on your right to a grassy track leading west to the D29 road.

**6.400 km** - A wooden stairway (be careful : gets slippery when wet) gets you to the road Climb over the safety rail to cross the Luy river and get off the D29 road. Continue straight on C3 road heading up towards Saint Pandelon.

Along the climbing, 200 m after the bridge, you have **two possible choices**:

**a)** facing marking : goes directly to Cagnotte leaving Saint Pandelon village aside.

**b)** left marking : up the route de 'Bigne', pass next to « the château des évêques »

**7.000 km** - We arrive to St Pandelons's church. To reach direct road, after leaving church ,take the eastern village road to arrive after 400 m on the direct road on the left (southwest) at cemetery's crossroad. Going through the village will make you walk 600m more than the straight way.

**7.700 km** - After leaving cemetery, walk down the route du 'SequÃ©'. After 600 m, the road crosses a small stream and go up to reach after 800 m the road CD 229. Turn right to walk down south-west on 400 m until the next stream.

**9.500 km** - After crossing the bridge, take immediately on the left the small

route de Bardeuy winding between woods and grasslands.

**10.600 km** - Crossroad with the D 429. Go straight by the « route de Pintoun ».

**12.200 km** - Don't take the left « route de Bigarelle ». Now it's a winding road, going up and down between wood and cornfield.

**12.500 km** - Don't take on the right « route de Houchicotte ».

**12.700 km** - After crossing the road D 13, go straight opposite on the « route de Cornemulet ».

**13.500 km** - After crossing the stream « de Bassecq », the « route de Carzodite' goes along a crest between wood, cornfield and ducks...

**14.300 km** - At the house named 'Atelier', take on right (southwest) the « route de 'Navarine » avoiding Cagnotte village on your left. The road always winds in this rich Chalosse land where you can see some vineyards. Near 'Bernaicq', don't take on your right the « route de Bertrucq' » but go along the « chemin de Lesparda ».

**16.300 km** - At the crossroad with D 29, turn right (south) to enter in Cagnotte village.

**17.100 km** - At school, turn left (southeast) the aptly named « chemin de Compostelle » few strides away to the Abbaye Notre Dame de Cagnotte (XIIInd century).

**17.300 km** - Abbaye Notre Dame (see cultural).