

The way of Tours – Landes

It is the oldest way to St James (also called Santiago of Compostela), described by pilgrim Aimery Picaud in his famous book « guide du pèlerin » as early as XIInd century.

In medieval times, the Paris and Tours route ([Latin](#): *Via Turonensis*) used to be the pilgrimage of choice for inhabitants of the [Low Countries](#) and those of northern and western France..

It is probably the easiest walking of all the pilgrimages. The countryside is flat and fertile, with many poignant historical remains going back to Roman times and even earlier.

Starting at the [Tour St Jacques](#) in Paris then arriving to [Orléans](#)-Tours, the route passes through [Poitiers](#) and [Bordeaux](#) and gets here in our [Landes country](#) during 150 km. After crossing the largest European forest, you "ll reach the town of [Dax](#), the 1st spa resort in France, and further on discover the [Abbey of Sorde](#), built by the Benedictin monks on XIInd century and classified as UNESCO world heritage.

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1 - Pont de Lilaire > Moustey - Distance : 10.200km

Dear pilgrim, since Mons, our friends of the Gironde have taken you to the department of Landes where you will now go through ; then welcome in our Landes de Gascogne !

0 km : Ruisseau de Lilaire, on the bridge, the first sign of the County Council of the Landes invites you to continue your way.

0,300 km : Continue south on the D 20e, towards the village of Muret.

1,200 km : At the entrance of the village on the left, in its aerial inviting to rest, one will discover the chapel Saint Roch, world jewel of XII century, with its beautiful area of picnic.

1,300 km : On the right, take the shared track and continue straight on in the village.

1,600 km : At the crossroads of access roads to the A63 and to Mont de Marsan, in front of the hotel, "the Grand Gousier", turn left towards the highway.

1.800 km : Turn left and take the road "Chemin du Bas de Bos"

2.100 km : The paved road turns left, leaving a telecommunications pylon on the right.

2.300 km : Leave the Béarnaise path on the left, continue straight.

2.600 km : Pass under the motorway tunnel and turn right. Continue south along the A.63 highway on your right side.

**** In case of heavy rains, the tunnel under the highway may be flooded:** At km 1.6 from the hotel Grand Gousier, it is possible to join the path by following the access road to A.63 (1.Km). After the bridge, turn left and take the DFCI 215 on 700m (A.63 on the left) and then turn right after the station. You will find the markup to reach Saugnac

3,500 km - BE CAREFUL ! Do not get anyway near the highway but follow to your left the sand and pine trees path, going east and getting more and more sandy especially on crossing the Lafon river. You'll arrive 1km further on the road to Saugnac village. (D438)

4,100 km - Take this road on your left, going down and then quickly up to the village Saugnac et Muret

4,500 km - Church of Saugnac. Go through the village and walk down to cross for the 1st time the lovely Leyre river

4,700 km - 100 m after the bridge, turn right into a sandy firebreak into the pine forest in direction of Menjoy place.

5,000 km - Menjoy houses can be seen on your right. Keep following the same now stoned path, going east (left: tree planting and right pine trees)

6,200 km - The path emerges to a small north-south oriented road (D134). Turn right through corn fields and forest, next to La Nave place and continues up to a crossroads (see the water tower) and road D120.

8,300 km - Turn right on the road D120 heading to Moustey. Shortly you'll walk down to the Petite Leyre river and up again. On the left and upwards, stands the private Aerial de Lavigne Gîte (200 m aside from the road). Keep walking till the Grande Leyre river leading to Moustey village.

10,200 km - In Moustey you can freely visit the « religious and local beliefs museum » with your Credencial. See on a stone in front of the church how many kilometres are still left to Compostela.

2 - Moustey > Pissos - Distance : 9,5km

0 km- Be careful when leaving Moustey : turn left onto a small road heading to Richet (and avoid N134)

0,200 km - Walk south passing near a Youth Professional School to reach 1km further the Leyre river. Cross it for the 4th time and continues up to Vieux Richet hamlet.

2,400 km - You may stop at the lovely Richet church, hidden on a slope 100m on your right. * Be careful : in Richet, leave the road to walk on your left along a grassy path called « chemin de Passet ». After crossing the Passet bridge, you'll arrive to the Brous hamlet and to the asphalt road D356

4,200 km - D356 : turn right and keep walking south to a crossroads and to D43road.

6,000 km - Turn right at the crossroads to Pissos. Cross again the Richet small brook and carry on South west on D43 road. Be careful : the road is busy so walk safely on the left side of this road. Crossing for the 5th time the Leyre river on the Testarrouma bridge will be pleasant after a boring walk

8,000 km - After the bridge, turn left on a track that gets you past the « gite de Testarrouman » where you can stop over. This track allows to avoid the road by walking through pine trees and then next by the swimming pool. Cross a small asphalt road towards « Accueil Gites forestiers » and an asphalt track among holiday houses will get you to Pissos Church.

9,500 km - Pissos church

3 - Pissos > Labouheyre - Distance : 14,5km

0 km - Cross the village by the D 834 to the south, cross the stream of Braou, then, face to the town hall, take the D34 to the right towards Commensacq. After 400m, arriving at the schools, turn right onto the sandy track, direction Escoursolles.

1,000 km - You will be during 3kms walking in this sand until you arrive at Escoursolles hamlet. You may fortunately rest after 2 dusty kms near the Mordiat rivulet.

4,000 km - The track meets an asphalt road that goes through the village. There don't forget to get fresh water. You may rest or pray in front the Virgin statue that can be seen through hawthorn bushes on the immediate left at the crossroads.

Walk 50m on the left small road and at the crossroads, turn right at the crossroads and after 100m a very, very long track awaits you. This part of the route will probably stay in your memory. Be patient, you will overcome ! You can't get lost since you walk after 1,100 km along a high-voltage electricity line .

7,000 km - Reaching a road, turn slightly on your left, still along the high-voltage electricity line for as long as 8km (be careful not to follow the perpendicular one). Further on the Way you will walk in Spain in Castilla such straight roads in a barren landscape.

9,000 km - At a junction, take the opposite road under again the high-voltage electricity line. Another 5,5km as endless as before eventually reaching Labouheyre town.

14,500 km - Route de Lindor leads you to Labouheyre before you turn quickly on your right Rue des Ombreyres then left to Rue Pierre et Marie Curie.

Next to the river (nice place for lunch next to the old public wash house), get to the St James Church.

Cool yourself under its porch and its beautifully twisted columns decorated with fleur-de-lis and shells.

You can see at the very end of Curie street the Brémontier column, the man who transformed the Landes by draining the swamps thanks to a huge domestic pine trees forest. Plantation program.

Walk under the railway, heading to Castets : Gouveia street and Jean Jaurès Avenue (that bends to 90° when touching the highway).

At its end, after the large roundabout, go opposite to Béroutte road until you get near to the highway.

NB - At Labouheyre, it is possible to branch off into the Littoral way following the signs that will take you to St Paul en Born **21,800 km** ([see the description](#))

4 - Labouheyre > Onesse et Laharie - Distance : 19,4km

0 km - You arrive on a service road, near highway , continue on this way always south/ southwest (highway at right hand, for about 2 km).

2,000 km - cross the highway by the 1st bridge that spans it (at the entrance to the bridge, a stele in memory of a racing driver killed here in 1904 driving a Darracq car) then walk with the highway at left hand. Ignore all the tracks on the right.

6,800 km - Continue between highway and corn fields and after crossing a small stream, you get to the crossroads with the D44 road (left, across the highway, Cap de Pin. Right, Escource 5.500 km). Cross this road and take again the service road for 2 km. Go past a house, cross the brook called Belloc, take the grassy track heading straight to southwest (after a 70 speed limit signpost)

8,800 km - You finally leave the proximity of the highway, but it is now for a path of great loneliness. The path is 5 km straight long

10,400 km - Crossroads with a large east-west track

10,700 km - Crossroads with « Allée de l'Empereur » track (ancient Solferino estate created by Napoléon III is not far). « Chemin de l'épervier » signpost

11,300 km - See the water tower at the junction with an east-west track Continue straight on, southwest

12,300 km - Saint. Antoine house stands on your right.

12,900 km - At the Lesbordes beautiful houses of brick and timber, you arrive to an asphalt track. The arial (Landes typical area in the middle of pine forest) with its old cork oaks is remarkable. At the exit of Lesbordes hamlet, two choices : one 5km by the road, the other 6.5 km through the forest:

1st choice by the road

Very simply, but monotonous way, on the southwest road until the junction with the D140 at the entrance of Onesse village.

2nd choice by the forest

Take left track at the exit of Lesbordes hamlet. Cross the aerial then 100 m further on, take the right track that leads to Tournedou hamlet. After having crossed the Tournedou stream by the foot bridge, continue the path south/east to the intersection of the trail that leads to a place called 'Tara'. Then turn right into the southwest track. Near Tara, pass under a high-voltage line to get near a place called 'Peyrot' before reaching the asphalt D385 road.

19,400 km - Onesse Church . Before leaving Onesse, visit the fortified church located behind the Town Hall. Then join the main crossroads of the village.

5 - Onesse et Laharie > Lesperon - Distance : 12,8km

0 km - leave Onesse by D140 (south) direction Lesperon. After crossing the Onesse stream, walk up the railway station neighborhood still on the same road. Cross a second stream going to the forest.

1,200 km - On entering the forest , two choices:

option 1

Stay on D140 road to join Lesperon 9,500 km from there. The road goes straight south. The main points of interest are: Harencin House(2,00 km), bridge over Harencin stream (4,000 km), Monlong House (6,800 km).Cross the D41 road to Tireveste (8,000 km), Lesperon Church (9,500 km).

option 2

Turn left for the grassy track to get deeper into the forest (south east). This choice, though more pleasant is longer.This south/east track gets you to Le Grand Coulin hamlet.

2,600 km - Avoid the small asphalt road on your right and go straight south by a dirty track.

4,400 km - Walk 2 km on this sandy and pine trees track (after 1 km another track cut it at right angle).and be careful you must then turn right (west) into a track that gets you to CD140 road .

5,500 km - Get to the CD140 road, and turn left still on this road.

7,000 km - Cross the narrow valley of Harencin brook and please notice the gallery forest, specific to the Landes country.

7,400 km - At the top of the hill, two choices :

A choice : stay on the road to join Lesperon 4,800 km.

B choice : take the left track towards Pihougut, Lesperon is at 5 ,400 km. Turn right after 2 large oak trees after into a track next to the Monsaut ruins. After 100 m, take the southwest grassy path for 2 km to the tall pines (avoid the lateral tracks).

10,300 km - Once arrived at the Notte aerial houses, go round on left hand to reach a track that turns west. Telephone line.

11,000 km - You reach again the CD140 road and turn left to Lesperon.

11,700 km - At Tireveste hamlet, cross the CD41 road (the Church of Lévignacq is situated at 7,500km on the right).

12,800 km - Arrival in Lesperon village.

6 - Lesperon > Taller - Distance : 12,3 km

0 km - Leave Lesperon village on CD140 road after having crossed 2 rivers. Keep on walking this same road for 3kms and get to RN10.

3,300 km - keep walking on C140 road over the highway. bridge

4,200 km - Walk trough the Laborde hamlet still on the same road, ignoring the Chiouleben track on your left and the Rouncaou one on your right. The road passes over Rouncaou river then Carmin one.

7,400 km - Be careful and turn left after the Carmin river into a private forest. Walk for 800m up to Hurdun settlement on your right. A paved track goes left on to Kyo.

8,600 km - Leave this track to go right south down

8,800 km - Cross a ford on Escourion brook at the very place where King Saint Louis built a pilgrim Hospital. Walk south the track into the forest till an asphalt road.

9,700 km - Arriving at an asphalt road (Yé farm), keep walking south this road (Cap de Lelane road)

11,000 km - Haou crossroads :continue south on Cap de Lelane road

12,100 km - You are in Taller village on CD42, in direction of Castets/Pontonx. Turn right for 50m then turn left into Relai street

12,300 km - On your right, Church and old public wash-house

7 - Taller > Gourbera - Distance : 9,1km

0 km - Leave Taller on CD40 (Compostelle street) in direction of Dax. Cross the river in the village then be careful, up the hill, turn left (east) on a small asphalt road (Chemin des caminayres) that will lead you after 200m to a crossroads. Take the track opposite, south-east oriented, that gets you after 300m on an asphalt road next to a place called, « petit Laborde »

1,000 km - turn left on this road (east)

2,000 km - At a place called « Cluc », leave this road to turn fully right into a large track heading due south

3,600 km - Walk still straight on, due South, until you reach a crossroads that is the Fireman Access n°26. Continue south/south east on a grassy track : large fields on left and forest on right

6,000 km - End of fields. A farm barn on your left can be used as shelter. The track is still large and grassy heading south. Next to Caphore houses, the track narrows, still grassy.

7,600 km - 100m after Caphore, you reach a tarmac road. Turn left (south) and after crossing the Rougicq settlement, you get to D150 road

8,100 km - Turn left on this road (east)

9,100 km - You arrive at Gourbera village : church on right, town hall on left

8 - Gourbera > St Paul les Dax - Distance : 13,9km

0 km - Go east from the church on D150 towards Buglose

0.400 km - Immediately after the exit signpost of the village, turn right to a dirt path (south). Walk 1km (south/south east) ignoring a first track on your right (chemin de Dupin)

1.400 km - Just after a large ditch : a crossroads where you take left (south)

1.700 km - Turn right (south) on an asphalt road

2.300 km - warning : next to a tarmac place (gas station) and to a big chestnut tree 2 options for you :

Route A: straight to St Paul lès Dax (9,3km)

Route B : to St Paul lès Dax via St Vincent de Paul (13, 6km).

St Vincent de Paul is the village where was born the famous Saint in XVI th century

Route A: 9.300 km.

Still walk on the asphalt road south/south east

3.000 km - chemin de Dupin emerges from right

3.500 km - Have a look at the lovely Poulin de Pouymartet (now a private house)

3.900 km - 400m after crossing the mill river, up the hill, leave the asphalt for a dirt path on left that goes behind the settlement called Charlemagne. Continue South-west on 300m

4,500 km - after having crossed a ditch, at the intersection of tracks, take left the Southeast (in front of you, on the height was an old priory). After passing the height, the grassy path continues downhill south to different crops and a group of houses (farm of Peyre). When entering the field, walk along the left side, follow the edge up to a meadow. Go round it on the right side up to a footbridge

5.800 km - Cross the stream by the footbridge, and continue south.

6.100 km - the path cut a stony track, continue south.

7,300 km - You reach an asphalt road. Cross to continue on « Allée des Flèches. On your right an animal park.

8,000 km - turn right (west) to Emile Despax street.

8,600 km - you reach a large roundabout of Saint Paul lès Dax circular road. Follow St. Paul by taking the sidewalk to cross the circular road. You enter the city by « Pierre Benoît Avenue » where you can discover 200 m further, on the left, the small and romantic house of an old French writer Pierre Benoit. Keep walking on the right side.

9,000 km - go straight on the part of abandoned track, along the houses.

9,600 km - at the roundabout, you meet the second Way coming from St. Vincent de Paul. On the right, take the street 22 août 1944.

9.800 km - take a track to the left.

10.100 km - take « Pouillon street » then « 19 Mars street ». Turn right on « 14 juillet street », then left « Jean Oddos street. »

11.400 km - At the crossroads of « Avenue de la Résistance » and road to Bayonne at Mont de Marsan., cross straight on to « Victor Hugo street » and Post office is on your right.

11,600 km - arrival at Saint Paul les Dax Church (XIes). Walk down « Gambetta street ». The Pilgrim refuge is located opposite in the curve of the street.

Route B

From the large chestnut to Saint Paul lès Dax church via Saint Vincent de Paul : 11,600km

2,300 km - at the foot of the large chestnut, take the track on the left (east) that goes straight on (tall grass around).

2,900 km - You reach a junction with a dirt track. Take left (north) and 30 m further on the right (east) on a large grey sandy track.

3,700 km You're coming on a stony road, turn right (south). The road continues straight on to the south.

4,700 km - You arrive at a crossroads : take « Chemin de la Hourqui » on the left (south east). Walk 1,500 km to join an asphalt road.

6,200 km. Take right on this road (south/south west)

6,800 km - the road crosses the railway track Dax/Bordeaux, pass the crossing (be careful : not guarded) and immediately turn right to follow the dirt road that runs along the railway (south west) on a 2 km 100 boring straight line.

8.900 km - You join an asphalt road near a railway crossing (you should cross it later to join Saint Paul Lès Dax). On your left you can notice the dome Church of what we called le Berceau (cradle) of Saint Vincent de Paul. Take this road on the left (south) and 200 m after, left again in the direction of the college.

9,600 km - At the college car park, see on the right the entrance of the birth place of Saint Vincent de Paul (gate). After the visit to the « Berceau : cradle», you can join St Paul Lès Dax by the reverse route until the railway crossing (see explanation on km 8,9).

10,300 km - cross the railway crossing and take the road on the left (south) along the railway : Targue road »

11,300 km - At the junction take le « chemin du Tailleur ». Continue to the proximity of the bus Company Translandes

12,400 km - Take down the « route des Gravières » to pass under the circular road. At the top of the hill, turn right to walk down near the « ruisseau de Cabannes » (local stream).

13.300 km -You reach the crossroads of « Menton road » and then the « Angouade road. At the level of the ADAPEI, take the walking way on the left of « Pierre Benoît Avenue ». At this point, you find the direct route going from Gourbera. (route a)

13.900 km - take opposite the « 22 août 1944 street to join Saint Paul Lès Dax Church,

Now follow the description of the route from 9,600 km. (route A)

9 - St Paul les Dax > Cagnotte - Distance : 17, 3km

0 km - After leaving the refuge walk down rue Gambetta to Avenue de la Liberté and turn right

0.300 km - Pass the railway bridge, Avenue St Vincent de Paul will take you straight to the centre of Dax

0.700 km - For your own safety, cross the street at the first traffic lights (Jules Bastiat crossroads) to stay on the left side pavement till you cross the bridge on the river

1.100 km - After crossing the bridge, turn slightly to your left, along rue du Toro to reach the main city square « Place de la Fontaine d'eau chaude » where you can see the hot thermal spring. At the south corner, take "rue des Pénitents", cross the Place of the Mirailh, take Street of Borda to reach the pedestrian Street of St.Vincent . Turn left to reach the small square of the Cathédrale to arrive in front of the Cathédrale.

1.700 km - Don't miss the beautiful Cathedral Apostles Gate. After your visit, go round the Cathedral to follow the «rue de l'évêque »along the Town hall park. Cross the crossroads at the traffic lights, ahead, straight in front of you, the Victor Hugo Avenue is the southern way out of the city

2.300 km - At the next traffic lights, turn left and walk down the very long Avenue François Planté

3.700 km - At the roundabout, turn right along the Arrayade hostel which used to be a catholic seminary

3.900 km - Pass under the railway bridge, cross the crossroads at the traffic lights and stay on the left side of the road

4.300 km - Take the left junction« route du plateau »

4.600 km - 2 choices : Traditional one goes south/east unless flooding makes you use the right.

LEFT MARKING :

Walk down « rue des Artificiers »for 500 m and at the crossroads turn right until you reach a pond. Go round it by its left side and continue the path between 2 small bodies of water. You'll arrive to an asphalt road.

5.400 km - Take it to the right, along the pond. Shortly after, the road swings to the west in a large curve

5.700 km - In the turn take the left dirt track going south, along an oak forest on your right. Then turn on your right to a grassy track leading west to the D29 road.

6.400 km - A wooden stairway (be careful : gets slippery when wet) gets you to the road Climb over the safety rail to cross the Luy river and get off the D29 road. Continue straight on C3 road heading up towards Saint Pandelon.

Along the climbing, 200 m after the bridge, you have two possible choices.

a) facing marking : goes directly to Cagnotte leaving Saint Pandelon village aside.

b) left marking : up the route de 'Bigne', pass next to « the château des évêques »

7.000 km - We arrive to St Pandelons's church. To reach direct road, after leaving church, take the eastern village road to arrive after 400 m on the direct road on the left (southwest) at cemetery's crossroad. Going through the village will make you walk 600m more than the straight way.

7.700 km - After leaving cemetery, walk down the route du 'Sequé'. After 600 m, the road crosses a small stream and go up to reach after 800 m the road CD 229. Turn right to walk down south-west on 400 m until the next stream.

9.500 km - After crossing the bridge, take immediately on the left the small route de Bardeuy winding between woods and grasslands.

10.600 km - Crossroad with the D 429. Go straight by the « route de Pintoun ».

12.200 km - Don't take the left « route de Bigarelle ». Now it's a winding road, going up and down between wood and cornfield.

12.500 km - Don't take on the right « route de Houchicotte ».

12.700 km - After crossing the road D 13, go straight opposite on the « route de Cornemulet ».

13.500 km - After crossing the stream « de Bassecq », the « route de Carzodite' goes along a crest between wood, cornfield and ducks...

14.300 km - At the house named ' l'Atelier', take on right (southwest) the « route de 'Navarine » avoiding Cagnotte village on your left. The road always winds in this rich Chalosse land where you can see some vineyards. Near 'Bernaicq', don't take on your right the « route de Bertrucq' » but go along the « chemin de Lesparde ».

16.300 km - At the crossroad with D 29, turn right (south) to enter in Cagnotte village.

17.100 km - At school, turn left (southeast) the aptly named « chemin de Compostelle » few strides away to the Abbaye Notre Dame de Cagnotte (XIIInd century).

17.300 km - Abbaye Notre Dame (see cultural).

10 - Cagnotte> Pyrenees, 2 possibilities

1- by Sorde l'Abbaye - Distance: 21,9km

2- by Peyrehorade - Distance: 14,3 km but part of dangerous road.

Common section

0 km - The Chemin de Compostelle passes between the old public wash house and the remains of the Abbay. Walk up the small road heading south/east.

0,600 km - Don't take on your right a yellow marked path. On the height, don 't take again on your right the « chemin de Lebrane », and by a gentle slope down the « Chemin de Compostelle » reaches the road to Cauneille village.

1,200 km - Take this road on the right (south) that follows the Mas river on your left. Leave on your right the « chemin de Castagnon"

2,500 km - At the Bédats hamlet, turn on your left over the small bridge then, after 70 m, be careful and turn right (south) into a grassy path : ballasts of the ancient local steam tramway.

3,600 km - WARNING : 2 markings indicate a discrete but important variant of the Way.

-On your left (east), Cauneille, Labatut, Saint Cricq du Gave and Sorde l'Abbaye.

-Peyrehorade is away straight south **but part of dangerous road.**

These 2 routes meet each other again when reaching Pyrénées Atlantiques state.

1 - Route by Sorde l'Abbaye

Go up the road, on left, along fields.

3,700 km - Maison Peyre on left. Turn right about 200 m then left on 300 m and left again. Go down to the east on the asphalt then stoned route de Bergay », leaving on your right le « chemin de Pouyaremon ».

5,900 km - In the valley, follow the asphalt « route de Pélébat « heading south.

6,100 km - Turn left to a stone path that, at Sephaux (old priory hospital), turns left and leads to the Lassebaigt. Rivlet Concrete gateway. A grassy path takes you on the right to a néo-gothic gateway which was built by a scoots troupe.

6,600 km - Peyrucq Fontain . Compostelle Pilgrims boundary : 860 kms. On your right, the track follows through the forest the Naraton river. You reach Peyré hamlet and an asphalt road.

7,300 km - After 100 m, leave the « route de Peyré », traigh ahead : a stone path, going east then souhteast . Down the slope, an asphalt road again. Get around a fruit storage and a building materials store to reach the national road RN 117 Pau/Bayonne.

9,300 km - Be very careful on crossing this very busy national road. Take the opposite road to Saint Cricq du Gave.

10,700 km - « Gave de Pau bridge ». Straight ahead enter in Saint Cricq du Gave. Turn right « rue du Barrail ».

11,200 km - Church/ Town hall. Go west.

11,300 km - Turn left « rue de Pelua ».

11,700 km - Turn right on the CD123 road then left : » chemin de Charlemagne » first asphalt then dirt path to Saubusse.

13,100 km - At the top of the hill, in a curve, turn right into a dirt path that goes into the wood (yellow tag for the local path).

13,500 km - Crossroads. Turn right into a path that goes along a « palombière » (wood pigeon hunting house) . Préhistoric site. Another « palombière » further among cherrywoods.

On leaving the wood, a grassy wide path.

14,400 km - Baouch. A small asphalt road winds through the valley before reaching Sorde l'Abbaye. **16,000 km** - Turn right in the « rue Aubourguet » and get to the church.

16,500 km - 12th century abbey church. Leaving the church main gate, go down towards the river (gave) and enjoy the view. Along the old city walls, a road turns into a path. Pass under l'Espitaou (old pilgrims hospital). Old public wash house. Camping place. The path leads to the D123 road.

17,600 km - D 123, turn left then cross the bridge over the river.

18,200 km - Turn left to an asphalt road that leads to the river. Then walk on your right a stone path going south, between crops and swamp.

20,000 km - At the top of the hill, you meet at Loustau hamlet, the itinerary from Peyrehorade via Oeyregave. Turn east on the old state way, going past the « chapelle de Roudigou ».

20,600 km - At Bériès hamlet, turn left to a small road then dirt path and turn right to your right angle. At Rey de Larribère, an asphalt road again.

21,600 km - Bridge over the highway. The road goes up to Sarrot.

21,700 km - A restricted use road goes down left to the highway, arriving then in the Pyrénées Atlantiques State.

21,900 km - Please note the marking realized by the friends of the Chemin de Saint Jacques des Pyrénées Atlantiques.

2 - Route to Peyrehorade : by continuing the southern small forest path.

4,000 km - On reaching the asphalt road, turn right and then shortly after, turn left on a paved road going down into the forest.

5,200 km - Arriving to a small asphalt road, turn left, continues during 100 m, and then, on the right, along a small road (bench at the crossroad) that continues down into the forest

6,200 km - Peyrehorade signpost. You get to this small city through a school and sports area on Jean Dupaya street.

6,700 km - Arriving to the important road from Dax, follow it until the railway crossing. After crossing it, turn immediately right, then left to take a grassy pathway that leads to « place du Mail ». Along this place, by the Quai du Sablot et du Gave, we arrive to the Montréal castle (townhall).

NOTA : By continuing straight ahead 100 m after the railway crossing, you can get to Sorde l'Abbaye, 4 kms away, by walking along the D29 road on your left. **WARNING** : this road is narrow and dangerous.

7,200 km - Cross the bridge over the rivers (gaves réunis).

7.400 km - At the traffic lights, turn left and use the safe pavement.

7.900 km - Turn right, » passage du Brot » then left « « chemin du port de Bayonne » until you reach Eyregave place.

8.500 km - At Eyregave, turn left « rue de l'Eglise » and keep walking the « chemin du Vieux Moulin » (ancient mill)

9.200 km - In a curve, take on your right a dirt path that leads to a gateway. You arrive in Sorde using a log staircase. Follow the dirt path.

12.100 km - At Hilanne hamlet, turn left on a paved road,

12.400 km - Cross the CD33 road at Loustau hamlet. Here, you meet the itinerary to Sorde l'Abbaye (at km20).